

"World Wide Knít in Public Day" Cohuna Spinning & Weaving Group

"World Wide Knit in Public Day" usually takes place in June, but the Cohuna Spinners & Weavers held it a little earlier this year, hoping to catch a bit of autumn

Knit in Public Day celebrates the passion for knitting and crocheting with fellow knitters around the world. People knit in public, share each other's company and meet new knitters in their local area.

Many knit for KOGO (Knit One, Give One), sending items to the KOGO warehouse centre to be distributed to hospitals etc. You can crochet squares and send them in, and KOGO will assemble them into blankets, rugs and shawls.

The Cohuna Spinning & Weaving group meet weekly on Tuesdays from 10am to 2pm at the Memorial Hall (side room - turn right past the stairs).

Pictured below: spinners, knitters and weavers from Cohuna, Bahram and Mortlake outside Kimmy's Café.

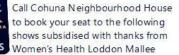








Come with Us!





GIRLS BIG DAY OUT

ROCKY HORROR SHOW

COHUNA TO MELBOURNE Sunday 2nd July Matinee Show 1pm-3.30 Discounted tickets...Cost \$100 for Bus and Show Bus leaves Cohuna 7.45 am returning 7.30pm Lunch can be purchased prior to the Show at Water Gardens Food Court





Join Our Qub! Come with us to enjoy show: and performances within our Shire and beyond. Contact Neighbourhood House on 5456 4666 to join.





Cost \$10 per year admin fee Gannawarra ACE Chib Members will have the best seats in the house. All Welcom

We can assist you! Bring your Power Bill and bank account details to Cohuna Neighbourhood House



We have assisted over 200 household in postcode 3568 to receive their \$250, totalling \$50,000 collectively . You have until August to claim your Bonus, so pop in with your latest power bill and bank details.



"Cohuna Happenings" is published at the beginning of every month. This publication is compiled at Cohuna Neighbourhood House for the community. Please feel free to submit any stories or articles of interest. nhcohuna@bigpond.com (03) 5456 4666 or 0490 255 450







LEARN ABOUT THE INTERNET, COMPUTERS, **IPADS & PHONES**

Friday is "Digital Day" at CNH Helping Australians thrive in a digital world

9-12 join the FREE Be Connected Program

join the Digital Workshop Training Sessions (\$20pp)

Or drop in anytime 9-12 & 1-3 for assistance (donations appreciated)

BYO Digital Project

Do you have a digital project on the go? Do you get stuck on:

Word formatting

Report Writing

CV/documents

Book creations

Photo albums

Video editing

Backing up your photos/documents?

Bring your problem to us!

Come on a Friday afternoon and we can help you work out what you need to do.

Bookings preferred. Call Cohuna Neighbourhood House 5456 4666





4th Sunday of Every Month Next Market 25th June 2023

Cohuna Folk: Peter Valí

If you've been on a quest to understand your digital device (phone, iPad or computer) and you've popped into Cohuna Neighbourhood House on Friday for our free service, you may have already met Peter.

He volunteers his time every Friday between 9am and 3pm every Friday to work with locals as part of our Digital Help program.

Peter moved to Leitchville from Melbourne two years ago to be closer to his grandchildren in Cohuna. Lucky for us because he is now sharing his extensive knowledge and skills.

If you are having problems with a computer at home and you are unable to bring it to the Neighbourhood House, he will be happy to call in (for a fee) in a business capacity. Just phone HPCM Computer Services on 0428 630021.





NORTHERN DISTRICT COMMUNITY HEALTH

COMMUNITY NURSING SERVICES

- Diabetes Support Nurse
- Continence Support
- Chronic Disease Management
- AgriSafe Clinic



33 KING EDWARD ST, COHUNA 5451 0250

9am to 4pm - Monday to Friday

www.ndch.org.au



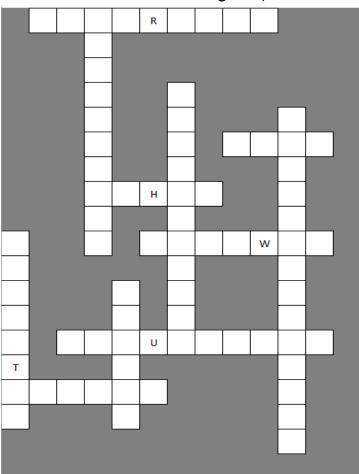


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Cohuna Anagram Crossword

You need to solve the anagrams to get the correct answers in the right spots. (Use the letters already on the crossword as a guide.)



Anagram Solver: Word Bank

HECLENAHNCO - LOCAL FACEBOOK PAGE - 6,4.

UANHOC - ROUGH ENGLISH EQUIVALENT

OF AN ABORIGINAL WORD FOR BROLGA - 6

FTATGSNINDIGSH - LOCAL SHOP - 5,3,6.

DRIE - LOCAL PLUMBER 4

ERFTWAONT - HOLIDAY PARK - 9.

WYAGAET - VISITOR INFORMATION CENTRE - 7.

HRCOE - LOCAL MEDICAL CENTRE - 5.

SYAFRATM - LOCAL ACCOMMODATION -8.

BANBRI - SOMEWHERE TO STAY - 6.

VOTRBANEWER - LOCAL WATER HOLE - 5,6.

OBNBEWDER - LOCAL ESTATE - 5.4.



"HISTORICAL RESEARCH NOTES"

Cohuna Historical Society

Much is happening at Cohuna & District Historical Society at the moment with the extension to our Archive building in progress. The volunteers are kept busy working with research, filing etc. and enquiries via Emails and visitors to our centre. We thought you may be interested in some of the research we have done recently and maybe you would like to come and help at some time.

Email - Kerang Family History Group asking for photos of Gunbower, Gannawarra and Mt Hope Station homesteads for a display they are doing.

Email - "Shillinglaw's Bridge on Gunbower Island." Situated where the Yarran Creek meets the Murray River known as Shillinglaw's Cut and the associated regulator and bridge has the same name. A W Shillinglaw was a qualified officer at the Cohuna Forestry Office and Cynthia was born at Braidwood Hospital in Cullen Street Cohuna in 1933.

Visitor - wanting information when a house was built on a farm at Mead. Cohuna Shire Rate records do not show farm house information, but their urban records do show when some houses were built from 1896 to 1979. The Gannawarra Shire refused us access to records after 1979 and these records have now been sent to the Public Record Office in North Melbourne.

Visitor – Requesting information on the tragic death of Dennis Moriatry in Leitchville in 1938. Mr Moriatry was killed when two horses attached to a roller he was driving bolted.

Visitor – Researching the Coughlan family who had a farm on Gunbower Island. Many of our locals would remember the name "Coughlan & Airey".

Visitor - wanting information on Ned and Gwen Barry. Ross has been busy with his sporting memorabilia and recently researched the sporting history of George Keath who sadly passed away. George was a great sportsman and loved the town and people of Leitchville.

Barb comes in each week and collates any local information that appears in weekly newspapers. This is then filed in the relevant files and kept for reference.

HISTORICAL JOTTINGS

It has been a busy time at Cohuna & District Historical Soc., with our new building almost complete. The plaster, painting and floor coverings are next to be completed and we hope to move in at the end of June.

Our Trash & Treasure volunteers have been busy, thanks to the generous donation of goods to our Society. Without the support of the people of Cohuna and District we could not have built the new building.

Mavis has been photographing the new and altered houses in the town, which keep a before and after record of the buildings in Cohuna.

Email: from Queensland about the Hore and Fehring families.

Email: Regarding Samuel Hyde who had several shops in the vicinity of AD Home Furnishings. Samuel hand painted the stage curtain that hung in the Temperance Hall (where the Fire Station is now) The curtain is in storage at our facility.

Visitors researching the Ormandy and Dehne families.
Visitors from Ballarat and Timboon researching the
Weymouth and Munday families.



Coming Events 2023 Golden Rivers Artists' Exhibition **Iune** Cohuna Art/Craft Gallery SOLPOUTSun 4th Celtic Illusion—ACE Club trip to Ech June Tues 6th Echuca Movies - ACE CLUB Bus trip Sun 2nd Rocky Horror Show-ACE Club day trip to **July** Melbourne Queen- ACE Club bus trip to Swan Hill July Sat 15th Night Fever-ACE Club bus trip to Barham July Sun 3ot Faullty Towers Dining Experience ACE Club bus July trip to Swan Hill Thurs Robertson Brothers 60s Variety Show, Swan Hill 31st Aug Friday Bjorn Again, Thank Abba for the Music, Swan Hill 13th Oct Fri 13th Daniher's Drive for Motor Neurone Disease visiting Cohuna Bookings essential for ACE CLUB events call Cohuna Neighbourhood House 54564666

CNH - Ongoing A	Activities -	all	welcome
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MON	FREE Movies on the BIG Screen 1pm -3pm
WED	8.30 am Waters Edge Walkers - walking Group meets at Gateway Carpark—coffee 9.30 Bower 4.30pm Cohuna Weight Loss Support Group
THUR	Community Garden catchup 10– 12 noon
FRI	Phone, Digital and Online assistance 9am—3pm
FRI	<i>"Miners Lair " Youth Club -</i> 3.30 –5.30pm Gaming, Music, Karaoke, Fun

	Music, Raraoke, Full					
	Cohuna U3A Ongoing Activities					
MON	YAH Singers, Visiting Group,					
TUE	Chair Exercises					
WED	Cribbage and Scrabble alternating					
THUR	Collectors, Dining Out , Games, Card making					
FRI	Cryptic Crosswords, Art in the Making, Travel <mark>le</mark> rs' Tales					
	Contact Cohuna U3A to become a member. For times, details and other activities contact Marilyn Flinders 0412 942466					

Local Solutions to Support Women's Recovery

Cohuna Neighbourhood House is thrilled to have recently been awarded one of 19 grants to community groups across the Loddon Mallee region to support the wellbeing and recovery of women impacted by the 2022 floods. We are very pleased to be able to utilise our grant to meaningfully support women's wellbeing in what has been a challenging time for many. Specifically, Cohuna Neighbourhood House is using its award of \$5,000 from Women's Health Loddon Malley to support women attending ACE Club events (Arts Culture and Entertainment Club) over the next few months. We will be subsidizing travel costs and entrance tickets for the four shows advertised below. These excursions will provide a space for social connection and relaxation, and promote good mental health and wellbeing.

We know how valuable it is for our community to get back to something like a normal routine and these types of activities are essential to the recovery process.

\$90,000 in quick response flood recovery grants have been distributed across the Loddon Mallee region by Women's Health Loddon Mallee (WHLM), the lead agency in the region for women's health and gender equality.

"We heard from flood impacted women in the region, many of whom were displaced, that they had lost access to vital resources and local supports that operated prior to the 2022 floods. These grants have been allocated across the region to provide women with opportunities to regroup, reconnect and recover," said Tricia Currie, CEO, WHLM.

"We know that women face unique challenges in times of disaster."

For further information and/or to book for an event, please contact Tanya Black at Cohuna Neighbourhood House on 5456 4666 or nhcohuna@bigpond.com. This project is made possible with funding from Women's Health Loddon Mailee and the Victorian Government Department of Families, Fairness and Housing.





Join Our Club! Come with us to enjoy shows and performances within our Shire and beyond. Contact

Neighbourhood House on 5456 4666 to join. Cost \$10 per year admin fee. Gannawarra ACE Club Members will have the best seats in the house. All Welcome!

M®VIE IIII LOVERS

Bus Trip to Echuca Movies First Tuesday of every month Bus leaves Cohuna Neighbourhood House at varying

Bus \$10 and purchase your movie ticket at cinema. Call Cohuna Neighbourhood House to

A lively visit from 30 lovely students and their teachers.



Thanks so much to St

Mary's school for their generous donations to Cohuna Neighbourhood House Emergency Food Pantry.





FIRST AID TRAINING **COURSES**



First Thursday of every month. 6th July Book Online at www.richriverfirstaid.com.au Or call Cohuna Neighbourhood House 03 5456 4666

Cohuna Art/Craft Gallery -

Civic centre -King Edward St

Featuring

Photography and Artworks by



Open Hours-

Friday -10am-12 md 1.30pm till 3.30 pm

Saturday -10-12md



Please support our Artists!

Gallery also features Cohuna's Rock 'n' Roll History



Develop language and fine motor skills through songs and stories. Suitable for pre-school children.



Cohuna - Tuesday, 10.30am Kerang - Wednesday, 10.30am Victorian School Terms

Tues & Weds



All Welcome!

Drop down to Cohuna Neighbourhood House anytime and grab

plenty of food from our community cupboard—We also have a

community garden with ready to pick herbs and vegetables.

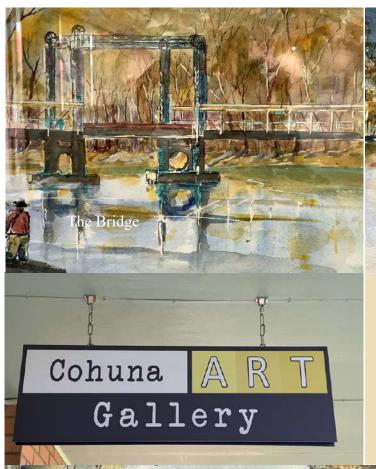
Come inside from 9am-3pm to Pick up Hamper. Come Monday, Wednesday and Friday mornings and "shop" in the store.

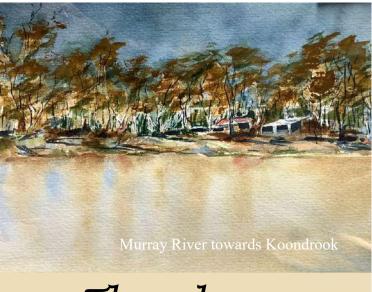
We are so proud to have this service in Cohuna.



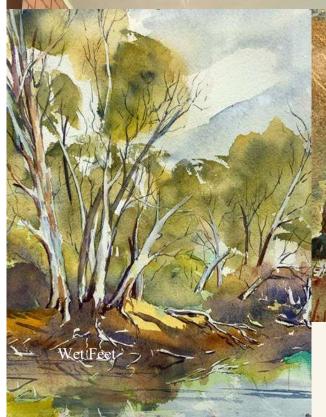


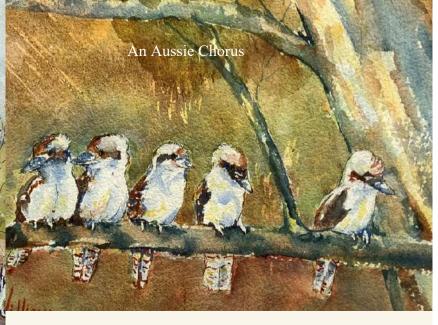






Thankyou Brían Wíllíams





"Full Circle" We have been so lucky to have had this wonderful exhibition by ex-Koondrook resident, Brian Williams, at the Cohuna Art Gallery, King Edward Street.

Social Meals



Cohuna

Cohuna Memorial Hall 21 King Edward Street

Friday 2nd June

Bookings essential. Phone 5450 9333

Cohuna Happenings is now Monthly

Please send contributions to nhcohuna@bigpond.com by third week of the month.

Read *Happenings* online, on our website, on FaceBook, or pick up a hard copy.



We're Here to Help at Mallee Family Care

At Mallee Family Care we understand that recovering from a disaster can be a challenging and distressing process. That's why our Recovery Support Workers are dedicated to assisting individuals and families impacted by the floods in their recovery journey.

We can meet with you in person or over the phone, providing support and a range of services and options available including:

Financial counselling Available grants Legal assistance and advice Psychosocial support Housing advocacy Flood case management



Seeking support can be overwhelming and confusing at times which is why we want you to know that we are here for you. Whether you need someone to listen or guidance on finding appropriate services or resources, we are dedicated to supporting you in any way we can. Please don't hesitate to reach out by giving us a call or popping into one of our offices.

Swan Hill

Hours: Monday to Friday 9am - 5pm

Phone: 03 5032 4479 229 Beveridge St, Swan Hill

Kerang

Hours: Monday to Friday 12pm - 4pm

Phone: 03 5452 2863 www.malleefamilycare.org.au/ 1/22 Victoria St, Kerang



Thank You Wendy

Cohuna Neighbourhood House would like to offer a big thank you to outgoing volunteer Wendy Duckworth-Veitch who has using her incredible organisational

skills to set up, run and administer our Emergency Food Pantry for many years. She has been a fantastic volunteer, putting her heart and soul into her work.

The past few years have been challenging with COVID, the floods and ongoing cost of living pressures. These have had a huge impact on the demand for foodbank and Wendy's efforts have helped to ensure our community has had the



resources and support they have needed. We wish Wendy every success and happiness for the future.

Food Voucher

Cohuna Neighbourhood House Emergency Relief Pantry



Are you experiencing financial hardship? In need of assistance. Cut out this voucher and bring it to Neighbourhood House, 29 Market Street, between 9am & 3pm Monday to Friday and exchange it for a food hamper.

All welcome

name:				_
No of people?———	Cohuna?	Y/N	Date:———	

COMMUNITY GROUPS AND MEETING NOTICES

500 Club

Every Wednesday evening at 7pm

at Community Meeting Room. All Welcome

Enquiries - Des Shelley 54562723

Churches that hold weekly services

32 Channel St, Cohuna Anglican

Ph: Rev Sue Allan 0417 365386

Belmont St, Cohuna Baptist King George St, Cohuna Catholic

Sampson St, Cohuna 5456 2381 Unitina

Cohuna Art & Craft Gallery

23/25 King Edward St. Open Friday 10am-12noon

& 1-3pm; Saturday 10am—12noon

PH: 5456 4666

Cohuna Clay Target Club Inc

Contact Stephen Bottcher 0427 656684, Giorgi

Boucher 0409 777 542

Cohuna Community Service Group

Meets: 1st and 3rd Thursday of each month at Cohuna Water Tower. Danny White 0418359242

Cohuna District Hospital Ladies Auxiliary

Meets on the 1st Friday of each month (excluding Jan, July & Aug) 10.00am at the CDH Multi-Purpose Meeting room. Secretary Joy Crellin 54562170

Cohuna & District Historical Society

Meets 4th Thursday every month @ 1.30pm

Cullen Street. New members welcome.

Cohuna Farmers Market 4th Sunday every month. From 8am. Contact Sarah Mostyn 0407 476065.

Cohuna Golf & Bowls Lawn Bowls Social/Pennant

Golf Road, Cohuna Golf Links Estate.

Bowls President Graeme Peace 0417 341 142

Secretary Yvonne Eckhardt 0427 562 606

Cohuna /Leitchville RSL" Crazy Whist" Wednesdays -1.30pm @ Club Rooms - Channel St.

\$4 to Play-includes Raffle and Cuppa, All Welcome. Cohuna/Leitchville R.S.L. "Canasta & Coffee"

Tuesdays 1pm – at Club Rooms – \$3 to play includes

Tea/Coffee & Biscuits. All Welcome. Enquiries Judy Hughes 54 563314

Cohuna/Leitchville Sub-Branch R.S.L

30 Channel St, Cohuna, meets 3rd Thursday of each month, 7.30pm. Enquiries: Geoff Dale 0428 563395

Cohuna Lions Club

Meet at the Shire Building (near dentist) on the 2nd

Wednesday of month 7pm for 7.30pm

Visitors welcome. President: Alan Walkington.

Secretary: Anne Graham 0407 316303 Cohuna Masonic Lodge King Edward St

Meetings: 2nd Thursday of each month

Enquiries: Ray Crellin 0428 178770

Cohuna Men's Shed

Tues & Wed 9am-3pm. Thurs 9am-12noon. 3 William St. New members always welcome. PH: 0408 103179

or 0400 583618

Cohuna Model Flying Club

lyndon.clifford@education.vic.gov.au

Cohuna parkrun

Every Saturday 7.45am, Garden Park. Event Director, Alan, 0418 560252.

Cohuna Patchwork Group

Meets at Masonic Lodge, King Edward Street 1st & 3rd Mondays 10.00am - 3.00 pm 2nd & 4th Tuesdays 7.30 – 10.00 pm

Cost - \$6.00 Carolyn Ryan 0488 745 413

<u>Cohuna Progress Association</u> Meeting 7 pm on 3rd Monday of month Community Meeting Room. All welcome.

Cohuna Retirement Village Auxiliary

Meets 1.30pm 3rd Monday of the month in Retirement Village Multipurpose Room.

Enquiries 5456 2338

Cohuna Senior Citizens

Meet Tuesday 1pm – 4pm & Friday 1pm - 4pm at Market St Rooms. New members welcome.

President: Doris Mathers 5456 4266

Cohuna Spinning & Weaving Group

Tuesdays from 10am, front room at Memorial Hall (turn right past stairs). Stay an hour or all day. Enquiries Lorraine Learmouth 0429103180

Cohuna Weight Loss Support Group

Support in losing weight. Join us at our friendly weigh -ins. Wednesday 4pm-4.30pm at Cohuna

Neighbourhood House.

Enquiries: Dot Waterson 0428 537 845

Cuppa & Chat

Every Wednesday morning 9.30 am, Bower Tavern

Family Drug Help

Ph 0427 567170 for more information and support.

Garden Lovers

Meet 2nd Friday of every month in Community

Meeting Room at 1:30pm

Enquiries - Carol Hall 5456 3100

Leitchville Bunyips Sporting Club

Meet 2nd Monday every month, Bunyip Hut Call Trevor for enquiries & directions 0400 581122 0429 165669

Leo Club:

Monthly 1st Monday of the month Cohuna Scout Hall

President: Ebony Smith

LEO Advisor: Fiona Smith 0402 305566

Maternal & Child Health Pram Walk

Wed 10am. Meet at roundabout carpark near bridge.

Northern District Dance Association

50/50 old time/nu voque. Band Hall, Maxwell St, Kerang. Every Monday from 8pm. Also 4th Friday of each month.

<u>Paper collection</u> -1st Sunday of month. Please leave on nature strip by 9am. #Train Hire Available#

Pigeon Racing Mallee Combine (Cohuna)

Contact Barry Stacey 0407 406 568

RSL Pool & Morning Tea

Held in RSL Clubrooms at 30 Channel St Monday mornings (except public hols) 9.15am -

Social Support Group

Open Monday & Thursday

Seniors Room, Market St. Contact Cohuna Hospital. Phone 54565300.

Trash & Treasure open Mon, Wed, Fri, Sat 9.30-12 PH: 5456 2345

U3A Cohuna

Groups meet regularly to enjoy many varied activities. Enquiries: President Marilyn Flinders 0412 942466 All Members and Members' friends welcome.

Waters Edge Walkers

Every Wednesday morning 8.30am at Gateway Carpark