

“Happenings”

Cohuna’s Community Newsletter

November 2023 Issue No: 397

A Wetland Wonderland
Photography Exhibition
Cohuna Art Gallery
23 King Edward St



L-R from top of page: Water ribbons and basket sedge, Gunbower forest; open wetland fringed by mature red river gums; Southern Boobook Owls near Corduroy Swamp; culturally significant tree, Gunbower Forest; Brown Falcon, Lake Tutchewop; Lace Monitor basking in the sun.



WETLAND WONDERLAND WEEKEND

Saturday 4 & Sunday 5 November

Grab your fishing rods; brush up on your drawing skills; get up close and personal with waterbugs and turtles; learn the art of traditional weaving; test your kayaking skills or marvel at beautiful photography. There is something for everyone.

Saturday 4 November
10am to 12pm - Wetland Wonderland exhibition @ Cohuna Art Gallery
12.30pm to 3pm - Botanical drawing workshop. Meet @ Cohuna Art Gallery before heading into Gunbower Forest

Sunday 5 November. 9am to 2pm
Garden Park, Cohuna (Cohuna Farmers' Market)

Catch-a-carp competition
Kayaking tours (9.15am and 12.15pm)
Basket weaving
Waterbug activities
Fish and freshwater turtle displays

FREE! To register for the kayaking and drawing workshop, or to find out more, go to www.bit.ly/wonderlandweekend



“Cohuna Happenings” is published at the beginning of every month. This publication is compiled at Cohuna Neighbourhood House for the community. Please feel free to submit any stories or articles of interest.



Let the Cohuna District Hospital's MGP work with you during your pregnancy



Cohuna District Hospital is now offering Pregnancy care under the Midwifery Group Practice.

If you are pregnant get in contact with our team today. We can support you through your pregnancy and after birth locally and where possible our midwives will provide care during your labour at Echuca Hospital.

Cohuna District Hospital's Midwifery Group Practice is a free public midwifery service

To find out more visit our website:

www.cdh.vic.gov.au/maternity

Or call 0417 598 491



www.cdh.vic.gov.au/maternity



NOCH

NORTHERN DISTRICT COMMUNITY HEALTH

Services located in Bort, Cohuna, Kerang, Pyramid Hill, Koondrook and Quambatook

- Medical Clinic
- Allied Health
- Community Nursing
- Community Support
- Registered NDIS provider
- Health Promotion

These services include:

- AgriSafe™ Clinics
- Chronic Disease Management nurse
- Podiatry and Foot Care
- Counselling
- Occupational Therapy
- Diabetes Education
- Speech Pathology
- Paediatric Physiotherapy
- Homelessness Service
- Healthy Hearts and Lungs program

Kerang Medical Clinic
34 Fitzroy St Kerang
Mon to Fri
8.45am to 5.30pm
Phone: 03 5452 1366

Cohuna
33 King Edward St
Mon to Fri
9.00am to 4.00pm
Closed 12pm to 1.00pm each day
Phone: 03 5451 0250

Reminder to clean up after your pets in public spaces

Dog and cat owners are reminded to clean up after their pets whilst using public spaces within the Gannawarra Shire.

Council has received an increasing number of reports of owners not cleaning up excrement from their dogs or cats on public spaces, including Council-managed reserves, footpaths and nature strips.

"Spending time exercising with your pet is a great way to keep active, socialise and explore the Gannawarra, however coming across excrement left by another animal is something residents should not have to put up with," Council Chief Executive Officer, Geoff Rollinson said.

As part of Council's *Community Amenity Local Law 2023*, dog and cat owners must clean up any excrement from their pets on Council-managed land, and must carry with them litter disposal devices, such as litter bags, when out with their pets. Refusal to do either of these can result in a fine of \$192.31. To assist with clean-up efforts, Council-managed animal litter bag dispensers are located at several popular parks and reserves, including Cohuna's Apex Park.

"Council recognises that the majority of pet owners are responsible and caring, however pet owners who do not clean up after their animals will face consequences for their actions and, as a result, may be fined," Mr Rollinson said.

The Cohuna Swimming Pool will open from 3pm Monday, 13 November and be open 3pm to 7pm during November. Please note that the pool will be closed on days the Bureau of Meteorology website's forecast temperature is 23 degrees Celsius or lower.



ABN 24 416 208 103

All work done to your satisfaction
Phone Lesiel on mobile 0412 179 496

Leisel has 5 years Cleaning Experience

Police Check

Liability Insurance

References

For all enquiries please

phone 0412 179 496

Between 8am—7pm



COHUNA FIRE BRIGADE Open Day

This is going to be our biggest Open Day ever!!!!

Make sure you visit the station between

2-4pm on Saturday 4th November, and then watch the amazing Torch Light Parade at 8:30pm; you will not want to miss it!!

Donuts: Face Painting: Virtual fire fighting: Smoke room:
Mini Fire Truck: CFA Show bags: Coffee van

LEITCHVILLE KINDERGARTEN

TWILIGHT MARKET

November 18th 5-9pm

COHUNA MEMORIAL HALL

Kids activities Food trucks
Market stalls



JOIN US AT JEN'S ON GEORGE FOR A MORNING TEA FOR

Empower Her

with

Host

MANDY HUTCHINSON

Northern District Community Health | CEO



JO BEAR & MEG LAST

Jo and Meg, Loddon locals will share their heart-warming story of volunteering overseas to spread the joy of ruzbali and teamwork with rural women in India. A fascinating journey of women connecting in unexpected ways!

Empower Her | Founders



FRIDAY
8 DECEMBER 2023
10.00AM-11.30AM

Jens on George (previously Waffles)
-105 King George St, Cohuna

NO COST, BUT BOOKINGS ESSENTIAL
Limit of 100 tickets.

Open to all Gannawarra & North Loddon residents.
<https://www.trybooking.com/CMJWR>
or phone NDCH 5451 0200

In 2023, Respect Victoria and Safe and Equal are partnering to deliver and support local community engagement with the 16 Days of Activism against Gender-Based Violence state-wide campaign. Gannawarra Shire Council has been funded under Respect Victoria's 16 Days of Activism grassroots initiative, as part of the Gannawarra Goes Orange campaign, promoting awareness and action against gender-based violence.



GANNAWARRA MEMORIAL TOY RUN 2023

18TH NOVEMBER 2023

Cost: \$25+ TOY

Per ROAD BIKE/CAR & includes tickets into raffle donated by Golden Rivers Show & Shine



Registrations & Route Info:

Motorcycles 7:30am Leitchville
Cars & Bikes 8am Kerang CBD
Bikes leave for Barham 9:30am
Cars leave for Barham 9:45am
Morning Tea Mellool St Barham 10:30am
Leave for Cohuna 11:30am
Lunch Cohuna from 12:30pm

All Welcome

BARHAM - BARHAM BAKERY, TREND SKATE N SURF
COHUNA - COHUNA SPORTS STORE, COHUNA NEWSAGENCY, DUNKINAWAY TYREPOWER, COHUNA IGA
KERANG - AUTOPRO, HALL'S HARDWARE, SPORTSPOWER/TOYWORLD, ARNOLDT & GREENWOOD FORD



PAINT & SIP

WITH JO GUTHRIE



FRIDAY 24TH NOV 6PM
COST : \$60.00
NO EXPERIENCE REQUIRED
Come and enjoy

Cohuna Neighbourhood House
29 Market Street Cohuna
Booking Essential
Call 54564666



Remembrance Day

Saturday 11th November
Speaker: Mayor Charlie Gillingham

Assembly 10.45am

RSL Memorial

Park

Everyone welcome!



The Cohuna Farmers' Weekly

October 100 Years Ago

- The Cohuna Bowling Club was favoured with an ideal day for its opening function. Councilor J.H. Nicoll performed the opening ceremony bowling the first bowl.
- Mr. J.J. Owens of Gunbower has purchased a two-year-old bull. His mother is the famous Friesian *Springfield de Kol* whose output of 19 gallons in 6 days is far superior to the average output per cow of 6 gallons per week.
- Wild Australia is visiting Cohuna, Leitchville and Gunbower with 60 head of wild horses, donkeys, mules and bucking bullocks.
- Mr. James Kernan passed away aged 75. A prominent Leitchville pioneer, he was born in County Meath Ireland and came to Port Phillip with his parents in 1864. He took up his selection (part of which is now the Leitchville township) in 1875. At the time the area was densely wooded and drinking water had to be carried in kerosene buckets from the Gunbower Creek.
- A Queen Competition Ball was held in the Horton Leitchville Hall in aid to fund a new tennis court at Leitchville. Upwards of 160 attendees danced to the music of Miss Mathers Cohuna Jazz Orchestra.
- Hardie's Cash Grocery Store in Main Street Cohuna advertised delivery to all parts of town and country. Ring 35 for your requirements.

October 50 Years Ago

- Ex Cohuna High School student Miss Meryl Smith who has obtained her PhD in Plant Bio Chemistry is set to study in France under Professor Claud Leonal, a world authority on carbohydrates. In 1968 Meryl was a speaker at Cohuna High School Speech Night – the first pupil and first woman to do so.
- Development of the New Consolidated School site has commenced. The plan involved the removal of the remains of the old dairy.
- Mr. L.N. Veal announced preliminary details for the proposed merger of Mid Murray Dairy Co Ltd with Murray Goulburn Co-op Ltd.
- Russel Learmonth, Manager at Kraft advertised substantial increases to prices paid for milk to 66c per lb. of butter fat. Owing to substantial local and international demand they are looking for additional milk supply.
- Mr. Alf Lazurus passed away aged 83. He was born in Melbourne in 1889, one of 10 children. He came to Cohuna district as a young man and worked for Mr. Tom Major. He married Georgina Strachan and served as part of the 4th Light Horse Regiment in the Middle East in WW1. On his return he took over a property near Leitchville which he and Georgina farmed for 20 years. After leaving the farm he re-opened a billiard saloon in Leitchville.
- The Cohuna Tourist Bureau is now an accredited Agent for Ansett Airlines. This means the local bureau can write a ticket for air travel in Australia and New Guinea simply by telephoning to confirm the reservation at no cost to the customer.



Future travel needs?

A warm invitation is being extended to local groups and individuals in the Cohuna and Leitchville communities to contribute their thoughts about the future needs of the Community Bus.

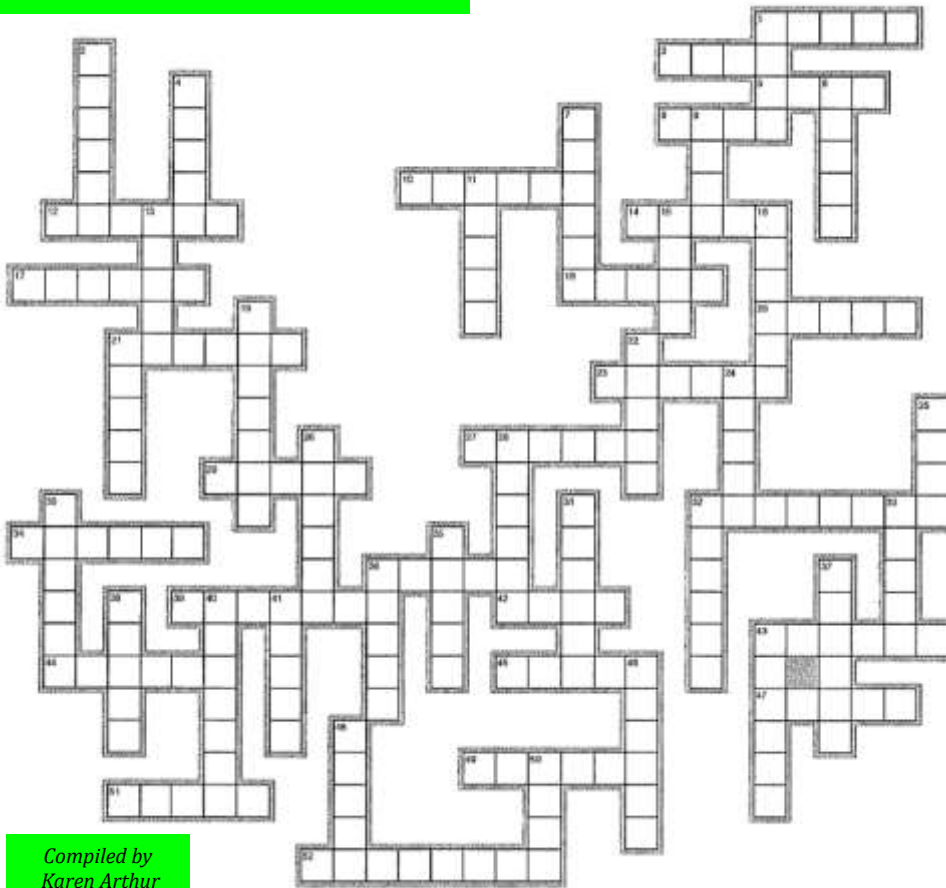
Max Fehring, Chairman of the Cohuna Community Bus Incorporated Committee that recently took over as volunteer managers of the service, says that a complete review of the transport opportunities and needs is being undertaken.

"It has been a long time since such a survey was undertaken, and since then, we have all gone through the Covid epidemic, which changed a lot of activities, particularly for the older adults and the less mobile people within our community," said Mr Fehring. "With support from the Bendigo & Adelaide Bank, we've funded the research project to meet with all community sections to gain their thoughts and ideas on community transport, particularly the community bus, along with the sustainability of operating the community bus into the future. It immediately raises many issues that need to be considered in the current operation of the bus, along with meeting the community's future needs as a whole."

The principal of KA Rural Enterprises, Kerry Anderson, has been appointed to undertake the research project. "Kerry has had a long association with the Gannawarra Shire, but coming from another part of the region with extensive experience in business and community development, she will provide a valuable independent viewpoint," Mr Fehring said. "During November, she will be consulting with various groups and members of the communities of all ages to ensure that we gain the best understanding we can of people's activities that could inform the role of the Cohuna Community Bus activities."

Anyone wishing to find out more about how they can contribute to the research is invited to contact Kerry on 0418 553 719 or Max on 0417 307 157. All participating organisations are expected to receive a copy of the final report planned for February 2024. "The community bus has been part of the Cohuna area for a long time, and we hope that will be the case in the future," Mr Fehring said. "Change will continually occur, and we need to be able to manage such change for the benefit of the community."

Crossword Puzzle



Compiled by
Karen Arthur

Word bank

ALDGATE ALPHA AVOCA BABINDA BILPIN BLINMAN CAPEL COWELL COWES
 DARKAN DERBY DONALD ELTHAM EUCLA FALMOUTH FINGAL FOSTER GINGIN
 GRETA GUYRA HINTON HOBART ILUKA INJUNE JANDOWAE JOADJA KERANG
 KOROIT KULIN LAURA LEEMAN LOCH MARLO MOGO NABIAC NANNUP NHILL
 OMCO PARKES PENOLA PERTH ROBE ROMA ROSS SALE STROUD SURAT
 TAMBO TEXAS TUENA WAGIN WEIPA WYONG YASS YORK YOUNG ZEEHAN

Across

- | | |
|-------------|-------------|
| 1. NSW (5) | 29. WA (5) |
| 3. QLD (4) | 32. QLD (8) |
| 5. VIC (4) | 34. NSW (6) |
| 8. TAS (4) | 36. NSW (5) |
| 10. VIC (6) | 39. QLD (7) |
| 12. WA (6) | 42. NSW (4) |
| 14. NSW (5) | 43. WA (8) |
| 17. TAS (6) | 44. NSW (6) |
| 18. NSW (5) | 45. WA (5) |
| 20. NSW (5) | 47. VIC (5) |
| 21. SA (6) | 49. NSW (6) |
| 23. TAS (6) | 51. VIC (5) |
| 27. SA (6) | 52. TAS (8) |

Down

- | | |
|-------------|-------------|
| 1. NSW (4) | 26. NSW (6) |
| 2. QLD (6) | 28. VIC (6) |
| 4. QLD (5) | 30. NSW (6) |
| 6. SA (5) | 31. TAS (6) |
| 7. VIC (6) | 32. NSW (6) |
| 9. VIC (4) | 33. QLD (5) |
| 11. QLD (5) | 35. TAS (5) |
| 13. VIC (5) | 36. QLD (5) |
| 15. WA (4) | 37. VIC (6) |
| 16. WA (6) | 38. TAS (5) |
| 19. SA (7) | 40. SA (7) |
| 21. WA (5) | 41. NSW (5) |
| 22. QLD (5) | 43. vic (6) |
| 24. TAS (5) | 46. WA (6) |
| 25. SA (4) | 48. WA (5) |
| | 50. VIC (4) |



4th Sunday of Every Month
 Next Market 26th Nov
 Extra Market 5th Dec 2023

Need Financial Help?
 Free financial counselling 1800
 007 007
 Budget Tools & Advice - mon-eySMART.gov.au
 Mallee Family Care 1800 632 263

GANNAWARRA PARENT AND GUARDIAN CARER SUPPORT GROUP

Supporting parents and carers of children under the age of 18 with disability, mental ill-health and neurodiversity.

We offer:

- A cuppa and chat with a qualified social worker
- Peer support and meeting other carers
- Self-care Stations with a variety of activities that carers can choose such as:
 - Adult colouring
 - Kinetic sand
 - Knitting/crochet
 - Art/craft
 - Massage station
 - Fiction book exchange
 - Gentle stretching/mobility



Cohuna Self-care Hub

When: 1pm-2:30pm 3rd Wednesday of each month

Where: Northern District Community Health, 25 King Edward Street, Cohuna

Find out more today!

Contact us on 0488 605 363
 or email carers@riac.org.au
riac.org.au



DECLARATION

The Chief Officer of CFA will be introducing the Fire Danger Period for all land within the municipalities listed below.

The Fire Danger Period will commence at 0100 hours on the date shown and unless varied by a subsequent declaration, will end at 0100 hours on 1st May 2024.

Municipality - Date of Commencement

Gannawarra Shire Council - 6 November 2023

Certain restrictions on the lighting of fires are in force during the Fire Danger Period. Information about fire restrictions within the Country Area of Victoria can be obtained from www.cfa.vic.gov.au, your local CFA District Office or Municipal Fire Prevention Officer.



Jason Heffernan
 Chief Officer, CFA



"What's On?"

Coming Events 2023

Nov	Cohuna Art/Craft Gallery
Sat 4th Nov	Ross Wilson, Swan Hill Bus Trip
Fri 10th Nov	<i>Marcia Hines</i> at Swan Hill Bus Trip
Wed 22nd Nov	Moulin Rouge, Melbourne Bus Trip
Fri 24th Nov	Paint n Sip—Art Workshop
Thurs 30th Nov	Late, Late at Night Show Pyramid Hill Bus trip
Thurs 7th Dec	<i>Menopause the Musical</i> at Swan Hill Bus Trip
Sat 9th Dec	<i>Ian Moss</i> at Swan Hill Bus Trip

Bookings essential for all events call
Cohuna Neighbourhood House 54564666

CNH - Ongoing Activities - all welcome

MON	FREE Movies on the BIG Screen 1pm –3pm
WED	8.30 am Waters Edge Walkers - walking Group meets at Gateway Carpark—coffee 9.30 Bower 4.30pm Cohuna Weight Loss Support Group
THUR	Community Garden catchup 10– 12 noon
FRI	Phone, Digital and Online assistance 9am—3pm
ALL	Container Deposit Scheme —Bring your empty drink containers to us for a refund 5456 4666

Cohuna U3A Ongoing Activities

MON	YAH Singers, Visiting Group,
TUE	Chair Exercises
WED	Cribbage and Scrabble alternating
THUR	Collectors, Dining Out , Games, Card making
FRI	Cryptic Crosswords, Art in the Making, Travellers' Tales

Contact Cohuna U3A Marilyn Flinders 0412 942466



Gannawarra Arts Culture & Entertainment Club

Join Our Club!
Come with us to enjoy shows and performances within our Shire and beyond.

All Welcome!
**Bus Leaves from Cohuna Neighbourhood House
29 Market Street Cohuna**

UPCOMING SHOWS - Call Cohuna Neighbourhood House to Book your seat

BUS TRIP TO SWAN HILL
MARCIA HINES "STILL SHINING" 50TH ANNIVERSARY TOUR



10 NOV

Cost: Bus and Show \$60
Bus leaving Cohuna Neighbourhood House at 8.30am going up to Swan Hill
Call Cohuna Neighbourhood House to Book 03 5456 4666

BUS TRIP TO MELBOURNE
Moulin Rouge the Musical



22 NOV

Cost: Bus and Show \$186
Bus leaving Cohuna Neighbourhood House at 7.30am going to Melbourne
Call Cohuna Neighbourhood House to Book 03 5456 4666

BUS TRIP TO PYRAMID HILL
**A music play
LATE, LATE AT NIGHT**



Th 30 NOV

Cost: Bus and Show \$25
Bus leaving Cohuna Neighbourhood House at 8.30am going up to Pyramid Hill
Call Cohuna Neighbourhood House to Book 03 5456 4666

BUS TRIP TO SWAN HILL
IAN MOSS - RIVERS RUN DRY ACOUSTIC TOUR 2023



9 DEC

Cost: Bus and Show \$62
Bus leaving Cohuna Neighbourhood House at 8.30am going to Swan Hill
Call Cohuna Neighbourhood House to Book 03 5456 4666



Supported by Gannawarra Shire Flood Recovery Funding through the Gannawarra Community Resilience Committee

Unfortunately due to lack of adult volunteers we can no longer run our Miners Lair Youth Group. If you or you know of anyone that may enjoy this volunteer role please pop in to Neighborhood House.

MINERS LAIR

Chat, Eat, Drink, Music, Board Games

every Friday 9-12

@CNH Cohuna Neighbourhood House
NOT ON PUPIL FREE SCHOOL DAYS

UNTIL FURTHER NOTICE

9-12 Join the FREE Be Connected Program

1-3 Join the Digital Workshop Training Sessions (\$20pp)

Or drop in anytime **9-12 & 1-3** for assistance (donations appreciated)

*Bring your problem to us!
Come on a Friday afternoon and we can help you work out what you need to do.*

Bookings preferred
Call Cohuna Neighbourhood House 5456 4666




LEARN ABOUT THE INTERNET, COMPUTERS, IPADS & PHONES

Friday is "Digital Day" at CNH
Helping Australians thrive in a digital world

COHUNA GARDEN LOVERS

Members of Cohuna Garden Lovers have been busy visiting spring gardens. In September we visited four very different local gardens, culminating in a visit to Mal and Vicki Johnson's garden. Vicki entertained us with a lovely morning tea outside under the trees before showing us their eclectic art scattered throughout the garden.

Four of our members joined with Koondrook/Barham and Kerang Garden clubs for a three-day trip to Bright. Here we were hosted by the Bright Garden Club who arranged for us to view some wonderful gardens despite the rain.

Our October meeting was a Mystery Tour arranged by Marree Vinnacombe.

We left promptly at 9.15, stopping for a coffee at the Coffee Bank in Pyramid Hill, where Marree joined us. We sat around the table outside in sunshine and had a great chat mainly about the trip to Bright, which some of us had attended. We also talked about future plans for travel for the garden club.

Marree guided us to Gladfield Cut Flowers, on the Loddon Valley



Highway. Here Adam met us and told us about how they came to be growing cut flowers on this old horse farm! When they began, they knew nothing about growing cut flowers. Gradually they are acquiring specialist equipment to help them. A recent purchase is a special machine made in Tatura, for laying plastic and water lines on the preformed flower beds. He used a dibber to puncture holes to plant their seedlings into. Penny, his wife, was busy planting tiny seeds into trays for germination. In the plastic tunnel, lots of seedlings were germinated and some were ready for planting. Out in the paddock we could see rows and rows of plants. Stocks, Queen Anne's Lace (white and chocolate), Billy Buttons and Everlastings were some of the flowers currently in bloom. He showed us how they were assembled into a posy and several of us took one home.



Thank you to Adam for his time

and enthusiasm in showing us around and we wish them all the best.

Further along Loddon Valley Highway was Four Posts Hotel. Here we shared a selection of pizzas for lunch. We were impressed with how they have developed the area for bands to perform outside under some magnificent old Fig Trees. They were also developing facilities for overnight campers.

Back towards Calivil was Marree's extensive garden. Some lovely old athel trees lined the driveway and some more trees sheltered some lovely orchids. Beside the house the roses looked beautiful, and Marree says she has struck many of them from cuttings. Further afield were several irregular shaped raised beds, some with natives, others with perennials, including a whole bed of named irises just coming out. Out the back were raised vegetable beds, one with some healthy looking strawberries. Nearby were several pens of colourful hens and a rooster. Marree gave us afternoon tea, and we thank her very much for organising the day.



Next meeting, 10th November is our AGM and Travis Howard will be our guest speaker telling us about his Red Gum Organics. Any-one interested in gardens no matter how small or large is very welcome to attend.

Carolyn Hall, 0437169618
Secretary of Cohuna Garden Lover's Club

COMMUNITY GROUPS AND MEETING NOTICES

500 Club

Every Wednesday evening at 7pm
at Community Meeting Room. All Welcome
Enquiries - Des Shelley 54562723

Churches that hold weekly services

Anglican 32 Channel St, Cohuna
Ph: Rev Sue Allan 0417 365386

Baptist Belmont St, Cohuna

Catholic King George St, Cohuna

Uniting Sampson St, Cohuna 5456 2381

Cohuna Art & Craft Gallery

23/25 King Edward St. Open Friday 10am-12noon
& 1-3pm; Saturday 10am-12noon
PH: 5456 4666

Cohuna Clay Target Club Inc

Contact Stephen Bottcher 0427 656684, Giorgi Boucher
0409 777 542

Cohuna Community Service Group

Meets : 1st and 3rd Thursday of each month at
Cohuna Water Tower. Danny White 0418359242

Cohuna District Hospital Ladies Auxiliary

Meets on the 1st Friday of each month (excluding Jan,
July & Aug) 10.00am at the CDH Multi-Purpose Meeting
room. Secretary Joy Crellin 54562170

Cohuna & District Historical Society

Meets 4th Thursday every month @ 1.30pm
Cullen Street. New members welcome.

Cohuna Farmers Market 4th Sunday every month.

From 8am. Contact Sarah Mostyn 0407 476065.

Cohuna Golf & Bowls Lawn Bowls Social/Pennant

Golf Road, Cohuna Golf Links Estate.

Bowls President Graeme Peace 0417 341 142

Secretary Yvonne Eckhardt 0427 562 606

Cohuna /Leitchville RSL " Crazy Whist"

Wednesdays -1.30pm @ Club Rooms - Channel St.
\$4 to Play-includes Raffle and Cuppa. All Welcome.

Cohuna/Leitchville R.S.L. "Canasta & Coffee"

Tuesdays 1pm – at Club Rooms – \$3 to play includes
Tea/Coffee & Biscuits. All Welcome.

Enquiries Judy Hughes 54 563314

Cohuna/Leitchville Sub-Branch R.S.L

30 Channel St, Cohuna, meets 3rd Thursday of each
month, 7.30pm. Enquiries: Geoff Dale 0428 563395

Cohuna Lions Club

Meet at the Shire Building (near dentist) on the 2nd
Wednesday of month 7pm for 7.30pm

Visitors welcome. President: Alan Walkington. Secretary:
Anne Graham 0407 316303

Cohuna Masonic Lodge King Edward St

Meetings: 2nd Thursday of each month

Enquiries: Ray Crellin 0428 178770

Cohuna Men's Shed

Tues & Wed 9am-3pm. Thurs 9am-12noon. 3 William St.
New members always welcome. PH: 0408 103179 or
0400 583618

Cohuna Model Flying Club

lyndon.clifford@education.vic.gov.au

Cohuna parkrun

Every Saturday 7.45am, Garden Park.

Event Director, Alan, 0418 560252.

Cohuna Patchwork Group

Meets at Masonic Lodge, King Edward Street

1st & 3rd Mondays 10.00am - 3.00 pm

2nd & 4th Tuesdays 7.30 – 10.00 pm

Cost - \$6.00 Carolyn Ryan 0488 745 413

Cohuna Progress Association

Meeting 7 pm on 3rd Monday of month
Community Meeting Room. All welcome.

Cohuna Retirement Village Auxiliary

Meets 1.30pm 3rd Monday of the month
in Retirement Village Multipurpose Room.

Enquiries 5456 2338

Cohuna Senior Citizens

Meet Tuesday 1pm – 4pm & Friday 1pm - 4pm

at Market St Rooms. New members welcome.

President: Sue Sheen 0405 659 475

Cohuna Spinning & Weaving Group

Tuesdays from 10am, front room at Memorial Hall
(turn right past stairs). Stay an hour or all day.

Enquiries Lorraine Learmouth 0429103180

Cohuna Weight Loss Support Group

Support in losing weight. Join us at our friendly weigh-ins.
Wednesday 4pm-4.30pm at Cohuna Neighbourhood
House.

Enquiries: Dot Waterson 0428 537 845

Cuppa & Chat

Every Wednesday morning 9.30 am, Bower Tavern

Family Drug Help

Ph 0427 567170 for more information and support.

Garden Lovers

Meet 2nd Friday of every month in Community
Meeting Room at 1:30pm

Leitchville Bunyips Sporting Club

Meet 2nd Monday every month, Bunyip Hut

Call Trevor for enquiries & directions 0400 581122

0429 165669

Leo Club:

Monthly 1st Monday of the month Cohuna Scout Hall

President: Ebony Smith

LEO Advisor: Fiona Smith 0402 305566

Maternal & Child Health Pram Walk

Wed 10am. Meet at roundabout carpark near bridge.

Northern District Dance Association

50/50 old time/nu vogue. Band Hall, Maxwell St, Kerang.

Every Monday from 8pm. Also 4th Friday of each month.

Paper collection -1st Sunday of month. Please leave on
nature strip by 9am. #Train Hire Available#

Pigeon Racing Mallee Combine (Cohuna)

Contact Barry Stacey 0407 406 568

RSL Pool & Morning Tea

Held in RSL Clubrooms at 30 Channel St

Monday mornings (except public hols) 9.15am – 12noon

Social Support Group

Open Monday & Thursday

Seniors Room, Market St. Contact Cohuna Hospital.

Phone 54565300.

Trash & Treasure open Mon, Wed, Fri, Sat 9.30-12

PH: 5456 2345

U3A Cohuna

Groups meet regularly to enjoy many varied activities.

Enquiries: President Marilyn Flinders 0412 942466

All Members and Members' friends welcome.

Waters Edge Walkers

Every Wednesday morning 8.30am at Gateway Carpark

Please contact Cohuna Neighbourhood House
with any updates to this page. 5456 4666
nhcohuna@bigpond.com
29 Market Street

