

"Happenings"

Cohuna's Community Newsletter

August 2023 Issue No: 394

Cohuna Community Bus

For at least 30+ years, the town has been fortunate to have a 16-seater community bus. The bus has a lifting device that allows people with mobility disabilities to enter the bus and take a seat easily.

The bus was purchased initially from community donations and the support of the Shire of Cohuna. Since the creation of the Gannawarra Shire, the community bus has been under the management jointly between the Shire and the Cohuna Hospital.

With the upcoming changes in social community services, a decision has been made to transfer the bus to local community ownership through an incorporated body. This organisation will take on the management and operation of the bus in cooperation with the Cohuna Hospital, and other community uses.

This will happen on August 24, 2023. There will be challenges and opportunities for this well-known community bus to allow people to travel to and from daycare and other activities. As in the past, the bus committee will continue to provide an opportunity for those unable to travel easily, to be transported to and from various events and activities that otherwise might not be available to them.



The incoming committee will review its total operation, rearranging booking for the bus, liaising with non-profit groups to use the bus, and allowing people to enjoy the amenities offered in our district and nearby for day-out activities.

The success for the future of the bus activities relies on our **Volunteer Drivers**, which we are always seeking. It does require a light rigid licence, which many people might have, plus a small induction course which can be arranged if you can volunteer to drive the bus, even if only for one day a month.

Please get in touch with Max Fehring at 0417307157 for details.

**AGM Cohuna Community Bus Thurs August 24th 2023 2:00pm Cohuna Community Meeting Room
All welcome and appreciated**

"For the Love of Gaming"

A Cohuna Neighbourhood House gaming event

In partnership with DFFH September Youth Week, Level Up! Roadshow, Cohuna Neighbourhood House, will present "For the Love of Gaming" during the September school holidays at the Cohuna Memorial Town Hall.

Friday 29th September

Gaming was once something people did on a couch with family or friends, with consoles geared towards a local multiplayer experience, or 'split-screen'. Nowadays few games are designed with split-screen options. This means gamers are spending more time in front of a screen alone immersing themselves in a virtual world.

We think gaming is about fun, and fun is better shared with others. The event will bring young people, who enjoy gaming, together. Especially young, socially isolated people.

All gear will be supplied, including the latest generation gaming consoles, VR headsets (virtual reality), some 'vintage' consoles and huge screens to soak it all up. It's a safe, inclusive environment.

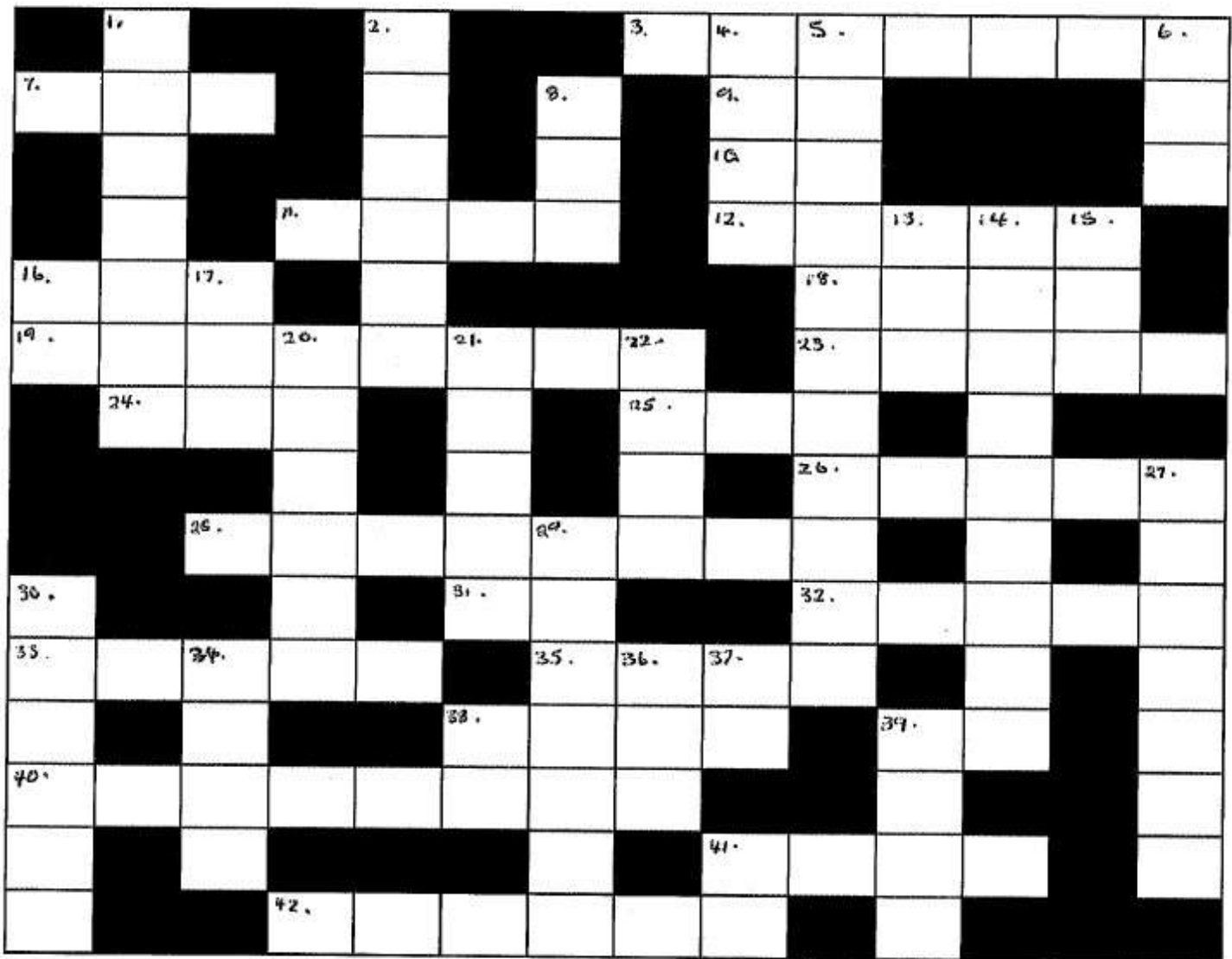
SAVE THE DATE! Come along and spend time with other gamers, streamers, casters and crafters. It beats sitting around waiting for the zombies to attack.



"Cohuna Happenings" is published at the beginning of every month. This publication is compiled at Cohuna Neighbourhood House for the community. Please feel free to submit any stories or articles of interest.



August Crossword



Across

3. Surname of the person who won The Power of Women in Dairying.
7. We need this in the sun and rain.
9. In the matter of.
10. Computer classes are abbreviated like this.
11. A group in town who meet regularly.
12. A very hard substance.
16. A singing group.
18. Instead.
19. A club in town.
23. All sportsman strive to be in this group.
24. State Electricity Commission
25. We all need this to survive.
26. Something you can do at the Apex Park.
28. This is one of the things offered at Cohuna Neighbourhood House.
31. The most used word in the bible.
32. Heads of aboriginal communities are known as these.
33. To be very fit and healthy.
35. A bulbous plant.
38. A number.
39. A common abbreviation for a nurse.
40. A service Cohuna Neighbourhood House offers.
41. A common saying of what little girls are.
42. A sport played in town.

Down

1. An popular eating place in town.
2. A local shop.
4. A flower.
5. Street address in Cohuna.
6. Mr Wolsely was known fondly as this.
8. Initials of one of our schools.
13. A motor vehide needs this to run.
14. Number 62 on the Life In The Sun.
15. Any end user terms, including any end user licence agreement.
16. A unit for measuring the width of printed matter.
17. A number.
20. There are three of these in town.
21. Requiring great physical courage, vigor, or endurance.
22. One of Cohuna Neighbourhood House volunteers.
27. Loud music can give you this.
29. One of the staff at Cohuna Neighbourhood House.
30. A business in Cohuna.
34. A lightbulb moment.
36. Printers need this.
37. Suffix forming verbs. denoting repeated or continuous action, often of a diminutive nature.
38. Narcotics anonymous.
39. Having a great deal of money or assets; wealthy
41. Our initials.



“Christmas in July” a big success

Dana Lander has been volunteering at Cohuna Neighbourhood House for the past three months and has taken over the running of the Emergency Food Bank.

She and CNH manager Tanya Black were tossing around ideas to increase pensioners’ awareness of the pantry and encourage more people to drop by, and they came up with the idea of “Christmas in July” packs. Among other things, each pack included chicken, vegetables, pudding, and chocolate, with cooking instructions attached. Word spread quickly and the packs proved to be very popular. Dana had initially prepared twenty packs, but they were gone in a few hours. Somehow, Dana managed to rustle up another ten. CNH is planning to offer at least two more themed Pensioner Packs - the next one will be Italian (with cooking instructions, of course).

Dana and her husband John retired to Cohuna two and a half years ago. She grew up in Geelong and has two daughters. She thinks Cohuna is a lovely little country town. “Everyone is friendly and welcoming. It’s good to be able to give back and to connect with the community.”



4th Sunday of Every Month
Next Market 27th August 2023



NDCH

NORTHERN DISTRICT COMMUNITY HEALTH

COUNSELLING & SUPPORT SERVICES

- Alcohol & Other Drugs Counselling
- Alcohol & Other Drugs Withdrawal
- Specialist Homelessness Service
- Generalist Counselling
- Mental Health Nursing
- Stop Smoking



33 KING EDWARD ST, COHUNA
5451 0250

9am to 4pm - Monday to Friday
www.ndch.org.au    @endchvic



We can assist you!

Bring your Power Bill and bank account details to Cohuna Neighbourhood House

**\$250
POWER
SAVING
BONUS**

We can help you compare energy deals and claim your \$250 Power Saving Bonus.



We have assisted over 200 households in postcode 3568 to receive their \$250, totalling \$50,000 collectively. You have until August to claim your Bonus, so pop in with your latest power bill and bank details.



AGM

Cohuna Community Bus
Thurs August 24th 2023

2:00pm

Cohuna Community Meeting Room
All welcome and appreciated

Need Financial Help?

Free financial counselling 1800 007 007
Budget Tools & Advice - moneysmart.gov.au
Mallee Family Care 1800 632 263

This newsletter relies on information submitted by organisations, businesses and community members. While Cohuna Neighbourhood House staff and volunteers make every effort to print accurate and relevant information, it does not guarantee that the publication is without error and therefore disclaims all liability for any error, loss or other consequence which may arise from you relying on information in this publication.

"What's On?"

Coming Events 2023

June/July	Golden Rivers Artists' Exhibition Cohuna Art/Craft Gallery
Tues, 1st Aug	Echuca Movies - ACE CLUB Bus trip
Thurs 10th Aug	Anh Do, The Happiest Refugee. Stand up comedy.
Fri 11th Aug	INXS Tribute "Live Baby Live", Swan Hill
Sat 26th Aug	Elton & Billy, Swan Hill
Tues 15th Aug	Bendigo Art Gallery
Sun 27 Aug	Kackawackadoo Bay, Barham
Mon 28th Aug	Rhythms of Ireland, Echuca
Thurs 31st Aug	Robertson Brothers 60s Variety Show, Swan Hill
Friday 13th Oct	Bjorn Again, Thank Abba for the Music, Swan Hill
Fri 13th Oct	Daniher's Drive for Motor Neurone Disease visiting Cohuna

Bookings essential for ACE CLUB events call Cohuna Neighbourhood House 54564666

CNH - Ongoing Activities - all welcome

MON	FREE Movies on the BIG Screen 1pm -3pm
WED	8.30 am Waters Edge Walkers - walking Group meets at Gateway Carpark—coffee 9.30 Bower 4.30pm Cohuna Weight Loss Support Group
THUR	Community Garden catchup 10- 12 noon
FRI	Phone, Digital and Online assistance 9am—3pm
FRI	"Miners Lair " Youth Club 3.30 -5.30pm Gaming, Music, Karaoke, table tennis (during school terms)

Cohuna U3A Ongoing Activities

MON	YAH Singers, Visiting Group,
TUE	Chair Exercises
WED	Cribbage and Scrabble alternating
THUR	Collectors, Dining Out , Games, Card making
FRI	Cryptic Crosswords, Art in the Making, Travellers' Tales

Contact Cohuna U3A Marilyn Flinders 0412 942466



Gannawarra
Arts Culture &
Entertainment
Club

Join Our Club!
Come with us to enjoy shows and performances within our Shire and beyond.

Contact Cohuna Neighbourhood House on 5456 4666
Gannawarra ACE Club Members will have the best seats in the house.

All Welcome!

**Bus Leaves from Cohuna Neighbourhood House
29 Market Street Cohuna**

UPCOMING SHOWS



**INXS Live Baby Live
Tribute Show
Swan Hill
Friday 10th Aug
Bus & Show \$66.00
Bus Leaving CNH
@ 6.00pm**

The Australian INXS show



**RHYTHMS of
IRELAND Show
Echuca
Monday 28 August
BUS & SHOW \$87.00
Bus Leaving CNH
@ 6.00pm**

**RHYTHMS OF
IRELAND**
28 August 2023



**Robertson Bros Bus &
Show \$90.00
Thurs 31st August.
BUS & SHOW \$90.00
Bus leave CNH at 6pm**

Robertson Brothers 60s Variety
TV show

BOOK EARLY FOR THE FOLLOWING SHOWS

Fri 13th Oct – ABBA Bjorn Again Show at Swan Hill
Fri 20th Oct – Johnny Cash & June Carter Show at Swan Hill
Fri 10th Nov – Marcia Hines Live at Swan Hill
Thu 7th Dec – Menopause the Musical at Swan Hill
Sat 9th Dec – Ian Moss Live at Swan Hill



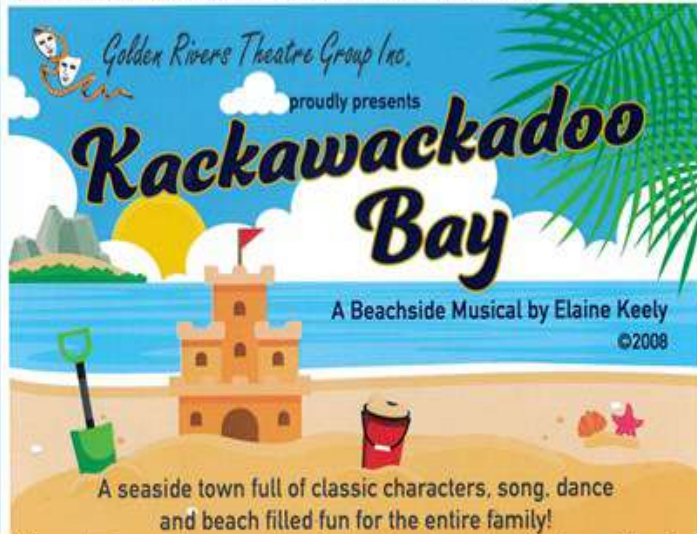
Bus Trip to Echuca Movies
First Tuesday of every month
Bus leaves Cohuna Neighbourhood House at varying times
Bus \$10 and purchase your movie ticket at cinema.
Call Cohuna Neighbourhood House 5456 4666.

BUS TRIP TO BARHAM

Golden Rivers Théâtre Group

"Kackawackadoo Bay" — A Beachside Musical by Elaine Keely

DATE: Sunday 27th August COST: \$30.00 Bus and Show



When a developer offers to get behind plans for redeveloping Kackawackadoo Bay, the Mayor is thrilled, the Councillors are divided, and the town is against it! How will they "Save our town"? Who can they go to for some really smart advice? Who is the most intelligent, knowledgeable and clear-thinking person in Kackawackadoo Bay? And what use is a big fish anyway?

An original musical production by local Elaine Keely.

Call Cohuna Neighbourhood house 03 5456 4666 for bookings.

Also showing: August 18, 19, 25 & 26 @ 7pm
August 20 & 27 @ 1pm
Cost \$25/\$20/\$10 Tickets online www.grtg.com.au

Kackawackadoo Bay!

Golden Rivers Theatre Group have been hard at work preparing for this year's production, "Kackawackadoo Bay!" a beachside musical, set in a small, picturesque seaside town. All is well until their little patch of paradise is threatened by a conniving and ruthless property developer. A play full of classic local characters, from the gossipy Mrs Dough to the loveable ice cream shop owners, Mr and Mrs Gelati, with a collection of fabulous songs and whereby great things can be achieved if a community stands together!

The play, written and directed by Cohuna local, Elaine Keely, was first performed by St. Mary's Primary School Cohuna back in 2013.

"We have tweaked, revamped, and added a couple of new characters to the show which has allowed for the diverse range of ages from 8 and upwards," Elaine said. "It has been incredible to see the number of children that have joined the theatre group this year; their confidence has grown so much throughout rehearsals. They've all learnt many stage crafts and skills from the more experienced cast. It has been a joy to work with them all." Backed by wonderful production, props & technical teams, a supportive committee and of course with an enthusiastic and committed cast, it is sure to be a wonderful show for the entire family.

GRTG will also be holding a raffle at the door, with all proceeds going towards the Royal Children's Hospital Music Therapy Program, so please be sure to bring along some loose change.

The production will be held on the dates and times below.

Evening Performances:

Fri 18th, Sat 19th, Fri 25th, Sat 26th August - 7pm

Matinees

Sun 20th & Sun 27th August - 1pm

Prices

Fri 18th Opening Show

Adult Discount: \$20

All other performances & prices

Adult: \$25

Concession: \$20

Child: \$10

Tickets are available online at www.grtg.com.au

or in person booking assistance is available at:

Bahram Library - Sat mornings 5th/12th August

Tuesday 22nd August 3-4pm

Cohuna Neighbourhood House

Thurs 10 -11am 3rd August

The Little Blue Book Shop – Victoria St Kerang

(A bus is available from Cohuna to the Pav Bahram for the Matinee Performance Sun 27th August. Bus Bookings \$10 per person, made through Cohuna Neighbourhood House.)

COHUNA
FRIDAY 29 SEPT

LEVEL UP!

RETRO GAMING

VIRTUAL REALITY

LET'S PLAY

CONSOLE GAMING

'LEVEL-UP!' GAMING EVENT
FOR THE LOVE OF GAMING!
FOR ANYONE INTO GAMING. AGED 12 TO 25

EVERY FLAVOUR OF GAME...
VR PS5 XBOX SERIES X SWITCH
LAST GEN +++ MARIO KART

FREE COHUNA MEMORIAL HALL
21 KING EDWARD STREET
2PM - 6PM
SNACKS AND DRINKS PROVIDED

RSVP TO AVOID DISAPPOINTMENT
LEVELUPGAMINGEVENTS.COM/RSVP

FULLY SUPERVISED
DRUG, ALCOHOL, SMOKING & VAPOR FREE EVENT



**LEARN ABOUT
THE INTERNET, COMPUTERS,
IPADS & PHONES**

Friday is "Digital Day" at CNH
*Helping Australians
thrive in a digital world*

- 9-12** join the FREE Be Connected Program
- 1-3** join the Digital Workshop Training Sessions (\$20pp)

Or drop in anytime **9-12 & 1-3** for assistance (donations appreciated)

*Bring your problem to us!
Come on a Friday afternoon and we can help you work out what you need to do.*

Bookings preferred.
Call Cohuna Neighbourhood House 5456 4666



Marian Smith turns 89 in September, but seems to be speeding up — literally! A few weeks ago she hopped on the back of Trevor Dehne's Honda VFR and rode pillion past Box Bridge. They were (allegedly) seen going "very fast".

Photo by Rhonda Ballard



Lets Celebrate all things Italian! Calling all Pensioners to pop into Cohuna Neighbourhood House and collect your very own FREE Italian Feast Meal Kit Available Tuesday 15th August

Celebrating Book Week

**Possum Magic 40th Anniversary
Colouring-in Competition**

1st and runner-up prizes for age groups:
4 - 6 yrs, 7 - 9 yrs & 10+ yrs

1st Prize	2nd Prize
	
\$30.00	

Collect and return entries from Cohuna and Kerang branches. Closes 12.00pm, 19 August.

 Visit your local branch or call 5452 1546 for more details. 

Food Voucher

Cohuna Neighbourhood House Emergency Relief Pantry



Are you experiencing financial hardship? In need of assistance. Cut out this voucher and bring it to Neighbourhood House, 29 Market Street, between 9am & 3pm Monday to Friday and exchange it for a food hamper.

All welcome

name: _____

No of people? _____ Cohuna? _____ Y/N Date: _____



Changes to 2023 Council Meeting Arrangements



Gannawarra Shire Council's remaining monthly Council Meetings for 2023 will be held outside of business hours to enable greater public attendance.

Meetings will now be held from 6pm on the third Wednesday of the month at the Kerang Senior Citizens Centre, located at 169 Boundary Street, Kerang, with a meeting to elect a Mayor for 2023/24 to be held on Monday, 6 November at 9am.

"Council has successfully held morning in-person meetings since mid-2022, however this change to arrangements will make it easier for residents to attend meetings who have not been able to due to work and other commitments," Mayor Charlie Gillingham said.

The changes will apply to meetings scheduled for 16th August, 20th September, 18th October, 15th November and 20th December.

For those unable to attend Council meetings, a video of proceedings will be available to view at www.gsc.vic.gov.au/meetings within 24 hours after the completion of the meeting.

"Any changes to these arrangements, including the time and location of meetings, will be promoted via Council's Facebook page, website, *Gannawarra News* and *Gannawarra Connect*," Mayor Gillingham said.

For further information on Council Meetings or to view agendas and minutes, please visit www.gsc.vic.gov.au/meetings

Water's Edge Walkers

Every Wednesday morning
Meet **8.30** am at Gateway. Enjoy a morning walk
Followed by (or just meet up for)
Coffee at The Bower @ 9.30am

Answers to July Crossword

I	C	A	T	H	O	L	I	C	H	C	
R	S	U	E	A	P	E	A	R			
I	S	C	R	A	B	B	L	E	N	E	
S	E	C	O	N	D	I	A	N	E		
R	T	O	F	O	D	B	A	N	K		
B	U	U	N	O	O						
A	M	U	R	R	A	Y	S	O	U	N	D
R	N	P	T	I	E	R					
R	I	T	C	H	I	E	S	V	N	E	
O	L	E	X	B	A	K	E	S			
D	U	D	B	B	U	S	T	A	P		
E	D	C	E	M	E	T	E	R	Y	E	
H	E	L	L	T	T	O	C				
N	E	S	T	A	R	S	H	U	T		
E	A	R	N	A	G	L	E	E			

Cohuna Spinning & Weaving Group

We meet every TUESDAY at the Memorial Hall

10am till 2pm

Lots of experience if you wish to

learn these skills and more

KNIT. CROCHET. SPIN.WEAVE. FELT.

Or just bring your knitting and enjoy a cuppa and a yarn. Contact the Secretary 0429 065 119



FIRST AID TRAINING COURSES



First Thursday of every month.
3rd Aug

Book Online at www.richriverfirstaid.com.au

Or call Cohuna Neighbourhood House

03 5456 4666

MINERS LAIR

Teenagers meet up
every Friday 3.30-5.30

@CNH Cohuna Neighbourhood House
NOT ON PUPIL FREE SCHOOL DAYS

Gaming
CHAT
Eat
Drink
Music
Board games
Art
Craft
Resume's
Homework

COMMUNITY GROUPS AND MEETING NOTICES

500 Club

Every Wednesday evening at 7pm
at Community Meeting Room. All Welcome
Enquiries - Des Shelley 54562723

Churches that hold weekly services

Anglican 32 Channel St, Cohuna
Ph: Rev Sue Allan 0417 365386

Baptist Belmont St, Cohuna

Catholic King George St, Cohuna

Uniting Sampson St, Cohuna 5456 2381

Cohuna Art & Craft Gallery

23/25 King Edward St. Open Friday 10am-12noon
& 1-3pm; Saturday 10am-12noon
PH: 5456 4666

Cohuna Clay Target Club Inc

Contact Stephen Bottcher 0427 656684, Giorgi Boucher
0409 777 542

Cohuna Community Service Group

Meets : 1st and 3rd Thursday of each month at
Cohuna Water Tower. Danny White 0418359242

Cohuna District Hospital Ladies Auxiliary

Meets on the 1st Friday of each month (excluding Jan,
July & Aug) 10.00am at the CDH Multi-Purpose Meeting
room. Secretary Joy Crellin 54562170

Cohuna & District Historical Society

Meets 4th Thursday every month @ 1.30pm
Cullen Street. New members welcome.

Cohuna Farmers Market 4th Sunday every month.

From 8am. Contact Sarah Mostyn 0407 476065.

Cohuna Golf & Bowls Lawn Bowls Social/Pennant
Golf Road, Cohuna Golf Links Estate.

Bowls President Graeme Peace 0417 341 142

Secretary Yvonne Eckhardt 0427 562 606

Cohuna /Leitchville RSL" Crazy Whist"

Wednesdays -1.30pm @ Club Rooms - Channel St.
\$4 to Play-includes Raffle and Cuppa. All Welcome.

Cohuna/Leitchville R.S.L. "Canasta & Coffee"

Tuesdays 1pm – at Club Rooms – \$3 to play includes
Tea/Coffee & Biscuits. All Welcome.

Enquiries Judy Hughes 54 563314

Cohuna/Leitchville Sub-Branch R.S.L

30 Channel St, Cohuna, meets 3rd Thursday of each
month, 7.30pm. Enquiries: Geoff Dale 0428 563395

Cohuna Lions Club

Meet at the Shire Building (near dentist) on the 2nd
Wednesday of month 7pm for 7.30pm
Visitors welcome. President: Alan Walkington. Secretary:
Anne Graham 0407 316303

Cohuna Masonic Lodge King Edward St

Meetings: 2nd Thursday of each month

Enquiries: Ray Crellin 0428 178770

Cohuna Men's Shed

Tues & Wed 9am-3pm. Thurs 9am-12noon. 3 William St.
New members always welcome. PH: 0408 103179 or
0400 583618

Cohuna Model Flying Club

lyndon.clifford@education.vic.gov.au

Cohuna parkrun

Every Saturday 7.45am, Garden Park.

Event Director, Alan, 0418 560252.

Cohuna Patchwork Group

Meets at Masonic Lodge, King Edward Street

1st & 3rd Mondays 10.00am - 3.00 pm

2nd & 4th Tuesdays 7.30 – 10.00 pm

Cost - \$6.00 Carolyn Ryan 0488 745 413

Cohuna Progress Association

Meeting 7 pm on 3rd Monday of month
Community Meeting Room. All welcome.

Cohuna Retirement Village Auxiliary

Meets 1.30pm 3rd Monday of the month
in Retirement Village Multipurpose Room.
Enquiries 5456 2338

Cohuna Senior Citizens

Meet Tuesday 1pm – 4pm & Friday 1pm - 4pm
at Market St Rooms. New members welcome.
President: Doris Mathers 5456 4266

Cohuna Spinning & Weaving Group

Tuesdays from 10am, front room at Memorial Hall
(turn right past stairs). Stay an hour or all day.
Enquiries Lorraine Learmouth 0429103180

Cohuna Weight Loss Support Group

Support in losing weight. Join us at our friendly weigh-ins.
Wednesday 4pm-4.30pm at Cohuna Neighbourhood
House.

Enquiries: Dot Waterson 0428 537 845

Cuppa & Chat

Every Wednesday morning 9.30 am, Bower Tavern

Family Drug Help

Ph 0427 567170 for more information and support.

Garden Lovers

Meet 2nd Friday of every month in Community
Meeting Room at 1:30pm

Enquiries - Carol Hall 5456 3100

Leitchville Bunyips Sporting Club

Meet 2nd Monday every month, Bunyip Hut

Call Trevor for enquiries & directions 0400 581122

0429 165669

Leo Club:

Monthly 1st Monday of the month Cohuna Scout Hall

President: Ebony Smith

LEO Advisor: Fiona Smith 0402 305566

Maternal & Child Health Pram Walk

Wed 10am. Meet at roundabout carpark near bridge.

Northern District Dance Association

50/50 old time/nu vogue. Band Hall, Maxwell St, Kerang.
Every Monday from 8pm. Also 4th Friday of each month.

Paper collection -1st Sunday of month. Please leave on
nature strip by 9am. #Train Hire Available#

Pigeon Racing Mallee Combine (Cohuna)

Contact Barry Stacey 0407 406 568

RSL Pool & Morning Tea

Held in RSL Clubrooms at 30 Channel St
Monday mornings (except public hols) 9.15am – 12noon

Social Support Group

Open Monday & Thursday

Seniors Room, Market St. Contact Cohuna Hospital.

Phone 54565300.

Trash & Treasure open Mon, Wed, Fri, Sat 9.30-12

PH: 5456 2345

U3A Cohuna

Groups meet regularly to enjoy many varied activities.

Enquiries: President Marilyn Flinders 0412 942466

All Members and Members' friends welcome.

Waters Edge Walkers

Every Wednesday morning 8.30am at Gateway Carpark

Please contact Cohuna Neighbourhood House
with any updates to this page. 5456 4666
nhcohuna@bigpond.com
29 Market Street

