

SHOUT OUT to all our tradies, farmers, small businesses & employees working in and around Cohuna on Friday 19th August.

We want to **SHOUT YOU** all morning tea (Smoko). Be at Cohuna Garden Park at 10am-11am. We have lined up a treat for you all, because we know how much Small Business MATTERS in our town.



Come along to Cohuna Neighbourhood House and enjoy watching great movies on the new BIG screen in a warm cosy room. FREE MOVIE. FREE coffee and tea.



All Australian 1-3pm

15/8 The Black Balloon22/8 The Merger

29/8 Rabbit-Proof Fence5/9 Muriel's Wedding

12/9 The Man from Snowy River

19/9 Looking for Alibrandi



Oscar-winners 10am-12noon

17/8 Silver Linings Playbook

24/8 I, Tonya31/8 The Piano

7/9 Slumdog Millionaire

14/9 Shrek

We can assist you! Bring your Power Bill and bank account details to Cohuna Neighbourhood House



MOVIE LOVERS

Bus trip Cohuna to Echuca 1st Tuesday of the Month Next Trip 6th September

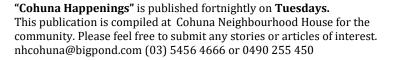
To book your seat

call Cohuna Neighbourhood House 54546 4666 Bus leaves Cohuna between 5.30 - 6.30 pm.

Sometimes we visit Maccas afterwards

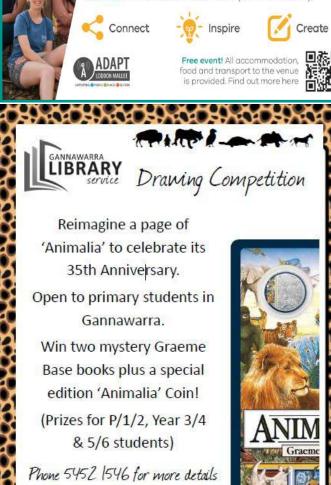
















Face masks

Due to an increase in COVID-related hospitalisations, mask-wearing in indoor and crowded settings is now **strongly recommended** to protect individuals and our most vulnerable Victorians through winter.



FESTIVAL OF EVENTS



WELLNESS WHEEL- REGISTER







LUNCH ON US- REGISTER TO WIN











SHARNI LAYTON & WARREN DAVIES











WREATH MAKING WORKSHOP

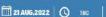








STORY TELLING & LIVE PAINTING WITH LOCAL INDIGENOUS ARTIST TOBIC CAMERON









A NIGHT OUT WITH PAIGE DAVIES FROM FRANKIE AND CO & STEVE COLOMBO





2 SEP,2022 () 794-994 KERANG MENORIAL HALL



Small Business Matters in Gannawarra Wellness Wheel will be at all campaign events where business employers or employees can drop their business cards in to be drawn for a spin of the wheel to receive a cash voucher



NORTHERN DISTRICT COMMUNITY HEALTH

ALLIED HEALTH SERVICES

- Occupational Therapy
- Diabetes Education
- Endocrinology Telehealth
- Speech Pathology
- Healthy Hearts & Lungs
- Dietitian
- Podiatry



33 KING EDWARD ST, COHUNA 5451 0250

9am to 4pm - Monday to Friday www.ndch.org.au 🚹 💟 🧿 endchvic



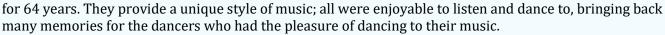
Annual Weekend of Dance 22 - 24 July 2022 at the Kerang Memorial Hall

After two years of hibernation due to Covid 19 regulations, the Northern District Dance Association has successfully conducted its Annual Weekend of Dance, starting with a Welcome Dance on Friday night. The Annual Ball was held on Saturday evening with a Star and Beau of the evening chosen. Sunday Afternoon

Dance completed our weekend of Old-Time/New Vogue dancing.

Many Old-time dances were part of the program, enjoyed by visitors from South Australia, New South Wales and Canberra, along with our very loyal dancers from Cohuna, Kerang, Swan Hill and surrounding areas. The Kerang Memorial Hall was an enjoyable venue, with the Hall decorated beautifully by the SES group under the leadership of Joyce Gee.

The music was supplied by the Gay Charmers Band on Friday evening. Welcome Dance under the leadership of Stuart Simms and Ron McFarlane, accompanied by two accordion players and a flute player. The Gay Charmers have been performing for old-time dance evenings



On Saturday and Sunday, the music was provided by Cheryl Bailey (from Wedderburn), a very accomplished musician of Old-Time/New Vogue music. Cheryl provided many memorable singing tunes that were enjoyed, along with her dance rhythms and music.

As with any dance weekend, the incredible suppers were provided by the State Emergency Services (SES) Group and the Kerang Girl Guides. The proceeds aid these community groups in the ongoing services they

provide to the community of Kerang.

Due to the difficulties of Covid and the flu this winter, we had lower numbers than the club had hoped for. The Weekend Dance Program more than made up for this with the enjoyable

music, lovely suppers and a friendly atmosphere which made for a great weekend.

The Kerang dance club has run this event for over 40 years and is looking forward to providing a similar program next July 2023. The club would like to thank the dance couples who attended and its many sponsors who provided prizes for lucky spots, door prizes and several raffles.



It takes rain and sunshine to make a rainbow; we've all seen many ups and downs over the last couple of years; there is no doubt that Old-time New Vogue dancing brings out the best *Rainbow* feeling in everyone.

Max Fehring

Food Voucher

Cohuna Neighbourhood House Emergency Relief Pantry



Are you experiencing financial hardship? In need of assistance. Cut out this voucher and bring it to Neighbourhood House, 29 Market Street, between 9am & 3pm Monday to Friday and exchange it for a food hamper.

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COUCH-POTATO

Looking for something new to watch on the home screen? Snuggle down by the fire and/or under the doona and check out these Australian-made binge-worthy recommendations.

Mystery Road: Origin.

ABC iView ****

Australian Crime mystery series

A stylized Australian neo-Western-crime mystery series that follows Jay



Swan, a young officer who arrives at the town of Jardine. This is where his estranged father lives, his drunken brother and the woman who will change his life forever. A preguel to the two successful seasons of Mystery Road starring Aaron Pedersen, Origin explores the detective's beginnings. Jardine has its fair share of long-simmering troubles. Killings keep popping up alongside holdups, and old secrets bubble up, including the death of a teenage boy. Huge skies, low horizons and glowing orange sunsets paint a portrait of outback Aussie life we rarely see in this genre.

The Twelve. Binge ***1/2 Australian drama The Twelve is centred on a bruising court case in which a woman is accused of



murdering her niece. Adapted from a Belgian series of the same name (also worth watching on SBS), the Australian version features a talented ensemble led by Sam Neill, Marta Dusseldorp and Kate Mulvany: lawyer, prosecutor, and defendant in the trial. We also get a fascinating glimpse into the vivid lives of the twelve jurors - ordinary people who are summonsed every day to decide the fate of a stranger.

True Colours SBS on demand ***1/2

Australian four-part Crime Drama

A rare privilege.

Starring Rarriwuy Hick as a detective returning to her community, True Colours pairs familiar police procedural



elements with interesting cultural insights. Detective Toni Alma is sent to investigate a suspicious car accident in "men only" country and she experiences a hostile reaction from the locals. One of the most interesting aspects is the way Indigenous customs and laws rub up against white-oriented policing. *True* Colours takes us into a story that touches on issues of kinship systems and the commodification of Aboriginal art.

COUNSELLING SUPPORT & SERVICES

Brought to you by



We have a range of professional, confidential counselling and support services. Our staff are professional, ethical, qualified and highly skilled.

They can help you with many different life issues including:

- mental health
- anxiety and depression
- grief and loss
- trauma - stress
- alcohol and other drugs
- stopping smoking
- communication and relationships
- work and career
- life transitions such as the birth of a new baby, separation or divorce
- parenting
- abuse
- self-esteem
- exploring gender identity and/or sexuality,
- and much more

What area do we cover:

Gannawarra and Buloke Shires, and the northern end of the Loddon Shire. Please contact the team for more specific areas that we cover.

What is the cost?

This service is fully subsidised. There is no charge.



NDCH Cohung



www.ndch.org.au









Join us for a relaxed, interactive event, where you will learn more about technology.





Do you have questions about using an iPad, iPhone or apps? Would you like to learn more about the internet?

Fridays 9am to 3pm

Come down to Cohuna Neighbourhood House Friday (9am-3pm) with all your questions about your digital devices (phones, iPads etc). Bring your online problems to us and let us assist you! Want to claim the \$250 power rebate but don't know how? Want to register your new Richies' card? Want to learn to use Facebook or send an email? No worries. We can help you.

Start learning all aspects of our online world. (Donations gratefully received)

The Cohuna Sarmers' Weekly

IN THE FARMERS WEEKLY 100 Years Ago

- About 200 people attended a lantern lecture at the Temperance Hall to witness the projection of slides on how prohibition is working in America and Canada.
- The tomato growers of Cohuna were very perturbed over their irrigation water supply. There were at least eight growers (mostly Spaniards or Chinese) with plots of four to five acres.
- Tenders were called for the Shire of Cohuna Sanitary Service. Tenders needed to quote the price per pan per annum.
- The Progress Association nominated three gentlemen to form a board of management to work with the Forestry Commission to preserve the beautiful forest frontage that adorns the township
- Cohuna Chemist David Evans advertised 'white pine with tar' for coughs and colds at 1s 6d.

50 Years Ago

- Stud pigs realised prices to \$265 at an auction at the Cohuna Showgrounds
- Ridd's Self Service Store opened
- Over 1000 people attended the Yeoman of the *Guard* presented by the Cohuna Players. Eileen Hetherington delighted the audience with the her soprano singing
- Lightbody's advertised A.W.A. lowboy teak 13 channel TV's for \$185
- Barton & Jenkinson's Apiary was extensively damaged by fire.



Lions Split Firewood **FOR SALE**





Phone: 0486 025 303



FIRST AID TRAINING COURSES



First Thursday of every month. **Next Course 4th Aug**

FIRST AID HLTAID003:

Level 2 Pre-work book to be completed.

Cost \$150 8.30am till 4.30pm FIRST AID: Reaccreditation

Cost \$75 8.30am till 12.30pm



Learner Driver Program Back on the Road



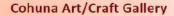
Gannawarra Council's popular L2P Driver Mentor Program is back on the road. Placed on hiatus during the COVID-

19 pandemic, the program helps learner drivers between 16 and 20 years gain the necessary 120 hours of driving experience needed to obtain a probationary licence.

Volunteer mentors are also being sought to assist with the programs. Mentors need to be over 21 years of age and hold a current full Victorian driver's licence. Mentors will also need to

undertake a working with Children Check, a Police Check and VicRoads Driver History Report, with all associated costs met by the program.

To apply to the program or to be a mentor, please visit www.gsc.vic.gov.au/L2P or phone Council on 5456 9333.



"Patches of Colour

By Cohuna Patchwork Group



Civic Centre King Edward St (look for yellow flags)

Open Hours

Friday 10-12 1.30 -3.30

Saturday 10-12

Or By Appointment.

Denise 0407508348

Lorraine 0429103180

"Please support our local artists"

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COMMUNITY GROUPS AND MEETING NOTICES

Social Support Group

Open Monday & Thursday

Seniors Room, Market St. Contact Cohuna Hospital. Phone 54565300.

Cuppa & Chat

Every Wednesday morning 9.30 am, Bower Tavern

Cohuna Community Service Group

Meets: 1st and 3rd Thursday of each month at

Cohuna Water Tower. Danny White 0418359242

Paper collection -1st Sunday of month. Please leave on nature strip by 9am. #Train Hire Available#

Cohuna District Hospital Ladies Auxiliary

Meets on the 1st Friday of each month (excluding Jan, July & Aug) 10.00am at the CDH Multi-Purpose Meeting room. Secretary Joy Crellin 54562170

Cohuna/Leitchville Sub-Branch R.S.L

30 Channel St, Cohuna, meets 3rd Thursday of each month, 7.30pm. Enquiries: Geoff Dale 0428 563395 Cohuna /Leitchville RSL" Crazy Whist"
Wednesdays -1.30pm @ Club Rooms - Channel St.

\$4 to Play-includes Raffle and Cuppa. All Welcome.

Cohuna/Leitchville R.S.L. "Canasta & Coffee"
Tuesdays 1pm – at Club Rooms – \$3 to play includes Tea/Coffee & Biscuits. All Welcome.

Enquiries Judy Hughes 54 563314

Cohuna Masonic Lodge King Edward St

Meetings: 2nd Thursday of each month Enquiries: Ray Crellin 0428 178770

Cohuna Patchwork Group

Meets at Masonic Lodge, King Edward Street 1st & 3rd Mondays 10.00am - 3.00 pm 2nd & 4th Tuesdays 7.30 – 10.00 pm Cost - \$6.00 Carolyn Ryan 0488 745 413

Cohuna Progress Association

Meeting 7 pm on 3rd Monday of month Community Meeting Room. All welcome.

Cohuna Retirement Village Auxiliary

Meets 1.30pm 3rd Monday of the month in Retirement Village Multipurpose Room. Enquiries 5456 2338

Cohuna Senior Citizens

Meet Tuesday 1pm - 4pm & Friday 1pm - 4pm at Market St Rooms. New members welcome. President: Marion Peatling 0417163486

Cohuna Art Gallery

23/25 King Edward St. Fridays 10am till noon and 1:30pm till 3:30pm. Saturdays 10am till noon

Leitchville Bunyips Sporting Club

Meet 2nd Monday every month, Bunyip Hut Call Trevor for enquiries & directions 0400 581122

Cohuna Weight Loss Support Group

Support in losing weight. Join us at our friendly weigh -ins. Wednesday 4pm-4.30pm at Cohuna Neighbourhood House.

Enquiries: Dot Waterson 0428 537 845 **Churches that hold weekly services**

32 Channel St, Cohuna Anglican

Ph: Rev Sue Allan 0417 365386

Belmont St, Cohuna Baptist Catholic King George St, Cohuna Uniting Sampson St. Cohuna 5456 2381

Cohuna Model Flying Club

lyndon.clifford@education.vic.gov.au

0429 165669

Family Drug Help

Ph 0427 567170 for more information and support.

500 Club

Every Wednesday evening at 7pm at Community Meeting Room. All Welcome Enquiries - Des Shelley 54562723

U3A Cohuna

Groups meet regularly to enjoy many varied activities. Enquiries: President Ann Graham 5456 2028

Garden Lovers

Meet 2nd Friday of every month in Community Meeting Room at 1:30pm Enquiries - Carol Hall 5456 3100

Cohuna Lions Club

Meet at the Shire Building (near dentist) on the 2nd Wednesday of month 7pm for 7.30pm

Visitors welcome. President: Norm Walkington.

Secretary: Anne Graham 0407 316303

Leo Club:

Monthly 1st Monday of the month Cohuna Scout Hall President: Ebony Smith

LEO Advisor: Fiona Smith 0402 305566

RSL Pool & Morning Tea

Held in RSL Clubrooms at 30 Channel St Monday mornings (except public hols) 9.15am – 12noon

All Members and Members' friends welcome.

Enquiries - Trevor 0414 264 199

Cohuna Spinning & Weaving Group

Tuesdays from 10am, front room at Memorial Hall (turn right past stairs). Stay an hour or all day. Enquiries Secretary 0429 065119

Northern District Dance Association

50/50 old time/nu vogue. Band Hall, Maxwell St, Kerang

Every Monday from 8pm. Also 4th Friday of each month.

Pigeon Racing Mallee Combine (Cohuna)

Contact Barry Stacey 0407 406 568

Waters Edge Walkers

Every Wednesday morning 8.30am at Gateway Carpark

Cohuna Clay Target Club Inc

Contact Stephen Bottcher 0427 656684, Giorgi Boucher 0409 777 542

Cohuna Farmers Market 4th Sunday every month. From 8am. Contact Sarah Mostyn 0407 476065.

Cohuna & District Historical Society

Meets 4th Thursday every month @ 1.30pm Cullen Street. New members welcome.

Trash & Treasure open Mon, Wed, Fri, Sat 9.30-12 PH: 5456 2345

Cohuna Men's Shed

Tues & Wed 9am-3pm. Thurs 9am-12noon. 3 William St. New members always welcome. PH: 0490 184181

Cohuna Art & Craft Gallery

Located in old library, Shire Building

Open Friday 10am-12noon & 1-3pm; Saturday 1-3pm PH: 5456 4666

Maternal & Child Health Pram Walk

Wed 10am. Meet at roundabout carpark near bridge.

Cohuna parkrun

Every Saturday 7.45am, Garden Park. Event Director, Alan, 0418 560252.